Welcome Home

VA Boston Healthcare System
invites you to join the nation
in recognizing the service of our
Vietnam Veterans at our

National Vietnam War Veterans Day Ceremony

March 28, 2019 – 11 a.m.–1 p.m.

Please join us in honoring our Vietnam Veterans, our fallen, our wounded, those unaccounted for, our former prisoners of war, their families and all who served with a pinning ceremony, fellowship and refreshments.

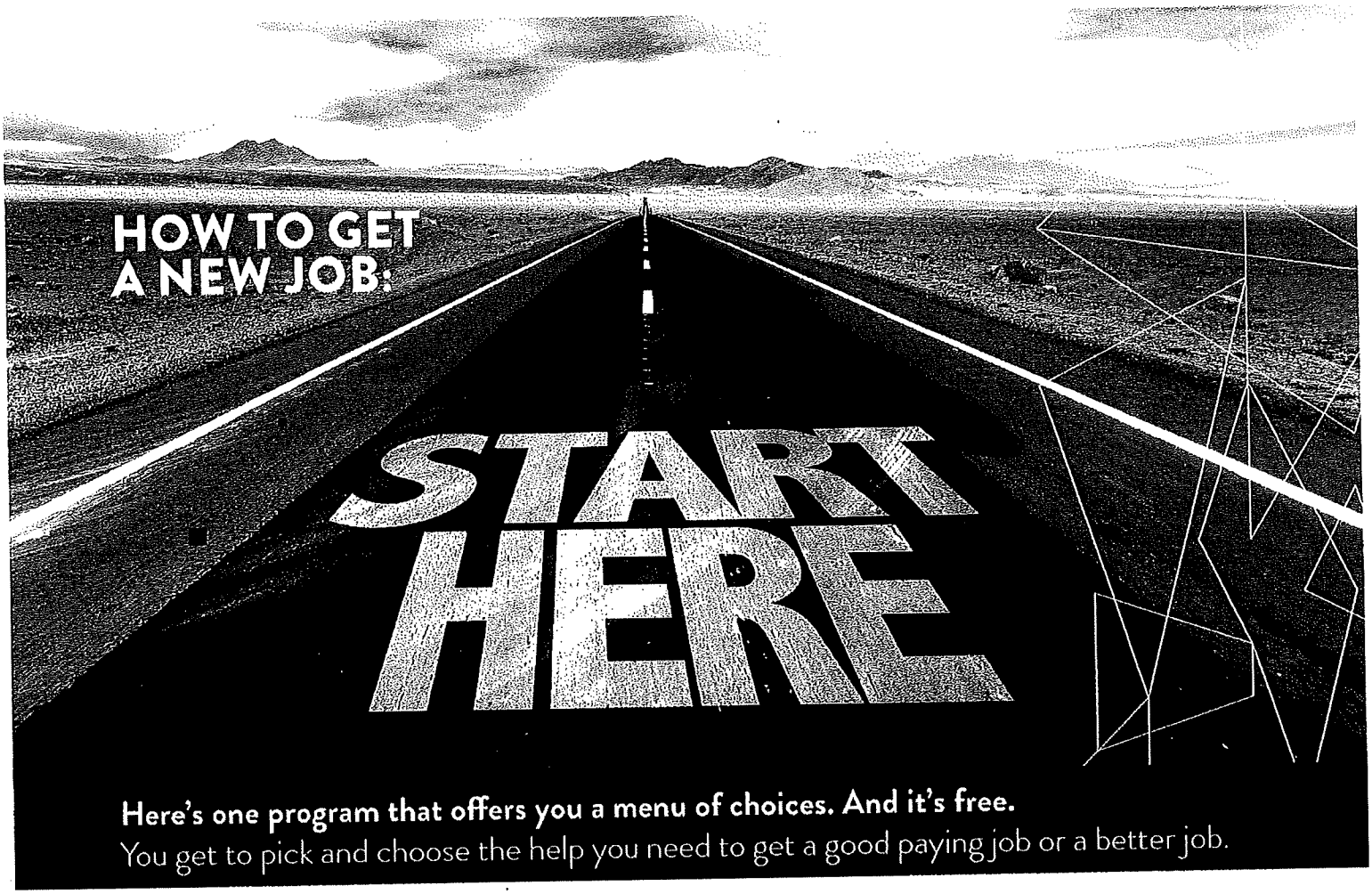
Doors Open at 11 a.m.

Jamaica Plain Campus,
VA Boston Healthcare System
150 S. Huntington Ave
Jamaica Plain, MA
Basement Conference Room

Vietnam Veterans who served in-country, in-theater, or elsewhere in support of operations between November 1, 1955 and May 15, 1975 will be recognized individually. If you know of Vietnam Veterans we haven't met, please bring them! All Veterans and their families as well as members of the area's communities are invited.

U.S. Department of Veterans Affairs

www.vietnamwar50th.com



Here's one program that offers you a menu of choices. And it's free.
You get to pick and choose the help you need to get a good paying job or a better job.

1. JOB READINESS

Make sure the basics are covered.

February 11–March 1 at STCC
March 11–29 at HCC
March 25–April 12 at GCC
April 8–26 at HCC

- Math and Reading: a quick refresher
- Career Exploration: find out what's a good fit for you.
- Essential People Skills: how to get along well with customers, co-workers, and the boss
- Balancing Your Life: dealing with child care, financial, and other issues
- Resume: how to write a job-winning resume
- Online Job Application: tips and tricks
- Interview Skills: be prepared to relax and show your best

2. JOB TRAINING

Get specific work skills.

- Manufacturing Training: March 4–15 at STCC
- Culinary-Hospitality Training: April 29–May 24 at HCC
- Dozens of other program possibilities

3. INTERNSHIPS

Get real job experience.

- Get paid and get experience
- Internships available with leading, local employers

4. JOB PLACEMENT

Get the job.

Leading employers like MGM Resorts Springfield, Log Cabin Group, UMass Auxiliary Dining Services, Peerless Precision Manufacturing, Bete Fog Nozzle, and others are ready to hire.

CONTACT US NOW:

GENERAL INFORMATION
Bob Griffin
413.552.2086
rgriffin@hcc.edu

ONLINE
hcc.edu/job-ready

HCC
Sheila Kelly
413.552.2027
skelly@hcc.edu

Emmanuel Reyes
413.552.2936
ereyes@hcc.edu

STCC
Workforce Development Center
Garvey Hall/Building 16
Room 146
413.755.4225

GREENFIELD
Lisa Lapierre
Career Services Director, MassHire
Franklin Hampshire Career Center
413.774.4361 x332 or 800.457.2603
lisalapierre@masshirefhcareers.org

The TRAIN 2019 program is a collaborative effort of Greenfield (GCC), Holyoke (HCC), and Springfield Technical (STCC) community colleges; MassHire for Franklin/Hampshire and Hampden counties; MassHire Career Centers in Greenfield, Holyoke, and Springfield; along with area employers. The program is funded by the Massachusetts Department of Higher Education.

TRAIN

Training Resources and Internship Network

Reach your career goals?
Discover your dream job?
Earn more money?

Build your Skills

Information Sessions

- Monday, February 25th at 10:00am
- Friday, March 1st at 10:00 am
- Thursday, March 7th at 3:00 pm

MassHire Franklin Hampshire
Career Center
One Arch Place 2nd Floor
Greenfield, MA

For more information contact:
Donna Harris
(413) 774-4361 ext. 314
donnaharris@masshirefhcareers.org

Learn Essential Work Skills

- Math and Reading Refresher
- Career Exploration
- Customer Service
- Learn about training opportunities in Culinary and Manufacturing
- Resumé writing
- Mock interviews
- Online job search

Learn Occupational Skills

- Culinary/Hospitality
- Manufacturing
- Internships

FREE GREENFIELD TRAINING STARTS MARCH 25, 2019

MASSHIRE FRANKLIN HAMPSHIRE CAREER CENTER | GREENFIELD CC | MASSHIRE HOLYOKE CAREER CENTER | HOLYOKE COMMUNITY COLLEGE | MASSHIRE SPRINGFIELD CAREER CENTER | STCC Springfield Technical Community College

The TRAIN 2019 program is a collaborative effort of Greenfield (GCC), Holyoke (HCC), and Springfield Technical (STCC) community colleges; MassHire Franklin Hampshire and Hampden Workforce Boards; Franklin Hampshire, Holyoke, and Springfield MassHire Career Centers; along with area employers. The program is funded by the Massachusetts Department of Higher Education.

Greenfield Community College and Franklin Hampshire Regional Career Center are affirmative action/equal opportunity institutions. Auxiliary aids and services are available on request for individuals with disabilities. For disability accommodation, please contact the GCC Coordinator of Disability Services (413) 775-1812.

Military Sexual Trauma and PTSD Retreat

April is sexual assault awareness month, and Project New Hope invites Veterans who have experienced military sexual trauma, in any form, to a weekend retreat for peace and relaxation, healing therapy, and to enjoy the outdoors with fellow Veterans.

This retreat for individual Veterans and/or Couples includes:

- Activities including kayaking, hiking, biking, campfires, and quiet reflection
- Reflexology, acupuncture, and reiki
- Music Therapy with Resounding Joy
- Art Therapy with Warrior Art Room
- Veterans Benefits Administration MST claims expert will be on site all weekend to provide educational workshops and to work one-on-one with Veterans

Workshops will be provided by Lindsay M. Amherst, Veterans Service Representative, Military Sexual Trauma Coordinator, Woman Veterans Coordinator, Providence VA Regional Office (304) USMC Veteran.

A **$50 fee** will be required at registration, and **will be fully refunded** at the completion of the retreat. Our retreats are 100% drug and alcohol free. All lodging, meals and activities are provided to Veterans **free of charge**. Transportation to or from retreat not included.

Project New Hope INC.
Where Veterans Rebuild With Honor

April 19-21, 2019

Grotonwood Conference Center
167 Prescott Street
Groton, MA 01450

Presenter:
Lindsay M. Amherst,
Veterans Service
Representative Military Sexual
Trauma Coordinator

REGISTER FOR THIS RETREAT TODAY

www.ProjectNewHopeMA.org/Retreats

MA. Department of Revenue
Child Support Enforcement Division

VETERAN'S INITIATIVE - LEEDS VA CLINIC

Questions about child support and service? We can help.

- For all military service members—ACTIVE, RESERVE, VETERAN (regardless of discharge), Planning to enlist.
- Case by Case, Individualized attention, one-on-one meeting with a DOR/CSE employee.
- In-state and Out-of-state cases and court orders addressed.
- Do not have to be current customer.

LEEDS VA CLINIC

When: Thursday 03/14/2019

Time: 1:30pm—4:00pm

Where: Bldg. 9a—Conference Room

To attend this clinic please contact:
Dani Thomas, CSES II/VETS INITIATIVE
(413) 452-1050
thomasd@dor.state.ma.us
Or reach out to your VA Social Worker.

Breakfast

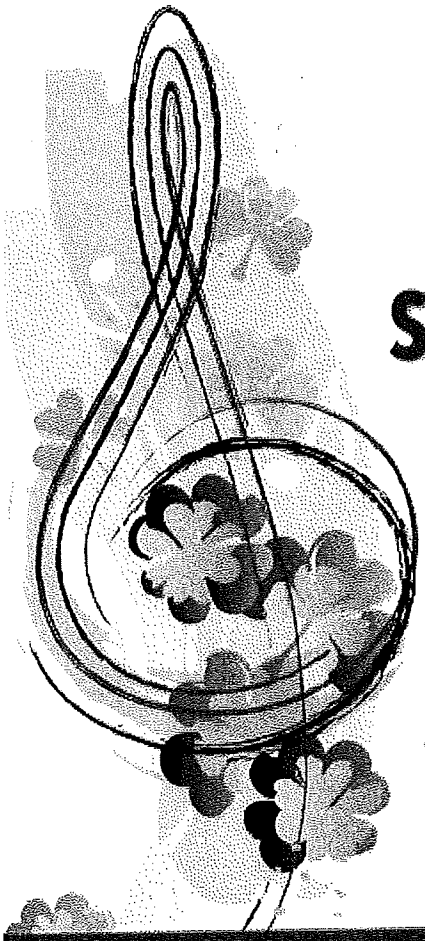
The Eliot Center Special Breakfast will be Friday March 15th in the Main Dining Room at 8:00AM.

We invite all to join us for a buffet style breakfast with special omelets to order!

We are Located at 168 West Central St in Natick, MA.

Eliot

Center for Health & Rehabilitation



Join us for our

5th Annual

St. Patrick's Day Dinner!

Wednesday, March 13th
5:30-7:00 PM

(Rain Date - Wednesday March 20th)

Live Music by
Jackie Brown

RSVP to Corey Morrell
508-879-8000 ext. 609

www.stpatricksmanor.org

Short & Long Term Care Facility
Skilled Nursing & Rehab
Memory Care
Transitional Care
Respite Care
Hospice Services

St. Patrick's Manor

863 Central Street
Framingham, MA 01701
508-879-8000

*"The Difference is Love"*sm

Lord Associates, Inc.
Environmental Consulting & Licensed Site Professional Services

1506 Providence Highway, Suite 30
Norwood, MA 02062-4647

Voice: 781.255.5554
Fax: 781.255.5535
www.lordenv.com

February 21, 2019

Natick Selectmen's Office
Natick Town Hall, 2nd floor
13 East Central Street
Natick, MA 01760

Health Department
Natick Town Hall, 2nd floor
13 East Central Street
Natick MA 01760

Re: Notice of Permanent Solution Statement
72-76 South Avenue
Natick, MA
DEP RTN 3-35437

Dear Public Officials:

Lord Associates, Inc. has prepared a Permanent Solution Statement (PSS) Without Conditions for the Site addressed 72-76 South Avenue in Natick, Massachusetts. Based on the results of assessment activities completed at the Site, conditions at the disposal site have been deemed to pose No Significant Risk.

Pursuant to section 310 CMR 40.1403(3) of the Massachusetts Contingency Plan, at any time after the MADEP has been notified of a release or threat of release pursuant to 310 CMR 40.0300, the Chief Municipal Officer and Board of Health in the community(ies) in which the site is located shall be notified of the availability of the completion of these submittals. The intention of this letter is to fulfill this legal obligation.

In addition, 310 CMR 40.1403(3) stipulates that this notification shall include information about how local officials may obtain a copy of the report. A copy of the report may be obtained by contacting Lord Associates, Inc. at the letterhead address or by scheduling a file review of RTN 3-35437 with the DEP Northeast Regional Office in Wilmington (978) 694-3200 or online at http://public.dep.state.ma.us/SearchableSites2/Search.aspx.

Please do not hesitate to contact us if you have any questions or concerns.

Very truly yours,
LORD ASSOCIATES, INC.

Jonathon D. Puliafico, CPG
Senior Project Manager

February 14, 2019

Board of Selectmen
Town of Natick
13 East Central Street
Natick, MA 01760

Re: Xfinity TV Channel Updates

Dear Chairman and Members of the Board:

We are committed to keeping you and our customers informed with Xfinity TV changes and enhancements. Below we share details regarding new programming that we are launching, the drop of channels from our line-up, and a general reminder about expiring programming contracts.

New Channel Effective April 12, 2019
For our customers who subscribe to the Xfinity Latino package, in April we will begin offering a new Spanish-language channel, RCN Novelas. RCN Novelas is a Spanish-language network designed for women with a focus on telenovelas and dramas.

Loss of Channels Effective April 8, 2019
We also wanted to remind you that Comcast's programming agreement with TuTV to carry Bandamax, De Película, De Película Clásico, Telehit and RMS/Ritmoson expires on April 8, 2019, at which time these channels will no longer be available. These channels are carried on Xfinity Latino. We are communicating this change to our affected customers through a bill message.

General Reminder About Programming Contract Expirations
We regularly inform our customers in their bills and annual notices that we maintain an updated website (https://my.xfinity.com/contractrenewals/) and toll free number ((866) 216-8634)) to reflect the programming contracts that are set to expire in the coming months and the channels we might or will lose the rights to continue carrying.

We are excited about the addition to our robust entertainment offerings and for the opportunity to continue enhancing our Xfinity TV product. Please do not hesitate to contact me at 508-647-1418 should you have questions.

Very truly yours,

Greg Franks

Greg Franks, Sr. Manager
Government Affairs