

# Natick Recreation and Parks Summer Guide 2.0

Natick Recreation and Parks is pleased to offer you the following program options during the summer of 2020. We empathize and share the emotions that many of you have experienced due to the cancellation of traditional summertime activities. It is our hope that these offerings provide a positive and safe avenue for your children to explore, pursue the arts, be active, discover nature and most importantly, to have fun. We look forward to providing a genuine and carefree smile back to your family in the safest manner possible.

# **Youth Programs**

## **Mini Summer Programs**

Join Recreation staff in a variety of classes and programs. Mini summer programs are individual, 2-hour, noncontact classes for all ages! Programs include sports skills and drills, outdoor art, nature exploration, playground games, and more!

### Classes run Tues-Thurs each week. Each 3-day program is \$125/week, unless otherwise specified All programs are available for Town of Natick residents only.

#### Multi-Sport (entering grades K-9)

This class will allow participants to work on a variety of sports skills in socially distant environments. Sports can include, but are not limited to soccer, basketball, volleyball, track & field, and more.

#### Lunch Bunch (K-2)

Join our Recreation staff for a few fun playground games, sports and ice breakers. Halfway through the class, participants will eat while we lead small group discussions, story time and even share a joke. A great way for the young ones to explore a social environment in a safe outdoor setting.

### Outdoor Art (K-9)

Enjoy the outdoors while tapping into the creative side. Through the summer we will be doing a variety of different art activities, including but not limited to tie-dye, candling, bracelets, drawing, painting, and more. Participants will explore the outdoors to add to their art projects.

#### Nature Exploration (grades 6-9)

Hiking, geocaching, nature art and more! This program will meet at various locations through the town of Natick to explore the natural environment around us. This program will sometimes require a different drop -off/pickup location.

### Playground Games (K-5)

All your favorite playground, recess, P.E. games you love about summer. Participants will play a variety of different games each day with a snack break in the middle.

Dates / Times Tues - Thu (Friday Rain Date) 9:00am-11:00am 11:30am-1:30pm 2:00pm-4:00pm

unless otherwise noted by program

Locations

JJ Lane Park Cole Center Camp Mary Bunker

Log on to <u>https://Register.CommunityPass.net</u> to see ALL of our available program offerings! Spaces are limited to start, but we encourage waitlist enrollment for all programs. More spaces may become available.

# MINI SUMMER PROGRAMS SCHEDULE

	J.J. Lane Park	Mary Bunker	Cole Center
	185 Speen Street	Megonko Road	179 Boden Lane
July 21-23	<ul> <li>Playground Games (grades 3-5) 9:00am-11:00am</li> <li>Lunch Bunch (K-2) 11:30am-1:30pm</li> <li>Multi-Sport (grades 6-9) 2:00pm-4:00 pm</li> </ul>	<ul> <li>Hammock Hang (grades 6-9) 9:00am-11:00am</li> <li>Nature Exploration (grades 6-9) 11:30am-1:30pm</li> <li>Outdoor Art (grades 6-9) 2:00pm-4:00pm</li> </ul>	<ul> <li>Outdoor Art (K-2) 9:00am—11:00am</li> <li>Outdoor Art (grades 3-5) 9:00am—11:00am</li> <li>Playground Games (grades 3-5) 11:30am-1:30pm</li> <li>Playground Games (K-2) 2:00-4:00pm</li> </ul>
July	<ul> <li>Playground Games (3-5)</li> <li>9:00am-11:00am</li> </ul>	• Hammock Hang (6-9) 9:00am-11:00am	• Outdoor Art (K-2) 9:00am—11:00am
28-30	<ul> <li>Lunch Bunch (K-2) 11:30am-1:30pm</li> </ul>	<ul> <li>Nature Exploration (6-9) 11:30am-1:30pm</li> </ul>	• Outdoor Art (3-5) 9:00am—11:00am
	<ul> <li>Multi-sport (3-5) 2:00pm-4:00pm</li> <li>Multi-Sport (6-9) 2:00pm-4:00 pm</li> </ul>	• Outdoor Art (6-9) 2:00pm-4:00pm	<ul> <li>Playground Games (3-5) 11:30am-1:30pm</li> <li>Playground Games (K-2) 2:00-4:00pm</li> </ul>
Aug	<ul> <li>Playground Games (3-5)</li> <li>9:00am-11:00am</li> </ul>	<ul> <li>Hammock Hang (6-9)</li> <li>9:00am-11:00am</li> </ul>	• Outdoor Art (K-2) 9:00am — 11:00am
4-6	<ul> <li>Lunch Bunch (K-2) 11:30am-1:30pm</li> </ul>	<ul> <li>Nature Exploration (6-9) 11:30am-1:30pm</li> </ul>	• Outdoor Art (3-5) 9:00am—11:00am
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	• Playground Games (3-5)	• Hammock Hang (6-9)	• Outdoor Art (K-2)
Aug 11-13	• Lunch Bunch (K-2) 11:30am-1:30pm	<ul> <li>9:00am-11:00am</li> <li>Nature Exploration (6-9) 11:30am-1:30pm</li> </ul>	9:00am—11:00am • Outdoor Art (3-5) 9:00am—11:00am
	• Multi-sport (3-5) 2:00pm-4:00pm	• Outdoor Art (6-9) 2:00pm-4:00pm	<ul> <li>Playground Games (3-5) 11:30am-1:30pm</li> </ul>
	• Multi-Sport (6-9) 2:00pm-4:00 pm		<ul> <li>Playground Games (K-2) 2:00-4:00pm</li> </ul>
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18-20	<ul> <li>Lunch Bunch (K-2)</li> <li>11:30am-1:30pm</li> </ul>	• Nature Exploration (6-9) 11:30am-1:30pm	• Outdoor Art (3-5) 9:00am—11:00am
	• Multi-sport (3-5) 2:00pm-4:00pm	• Outdoor Art (6-9) 2:00pm-4:00pm	Playground Games (3-5)     11:30am-1:30pm
	• Multi-Sport (6-9) 2:00pm-4:00 pm		<ul> <li>Playground Games (K-2) 2:00-4:00pm</li> </ul>

# **Skyline & Arrowhead Adaptive Programming**

## FAMILY PHASED FUN



Arrowhead may have had to cancel camp, but it does not mean we cannot have some programming fun! Arrowhead has become a program where participants can attend with an 18+ family member or Guardian as their 1:1 for support. (1:1 must be able to drive themselves and the participant).

Days: Mon - Thu (Friday Rain Date), starting 7/20 Times: 8:00am-12:00pm Ages: 5 and up Price: \$160 (resident), \$180 (non-resident)

#### Arrival:

The 1:1 and participant must arrive in the same car that is staying on site. The Site Director will approach your car, confirm the participants name and the completed health screening form. Then you will proceed to the onsite screening both, and if deemed healthy, head into the program.

#### **Departure:**

We will have the groups depart in a staggered shift. Participant and 1:1 will depart together in the same car.

#### **Registration and Lottery Information:**

- Registration for <u>all</u> interested participants begins on Monday 6/29 at 12:00pm, online.
- Natick residents will register first come, first serve until Wednesday7/1 @12:00pm.
- Non-residents will be drawn from a lottery after Wednesday 7/1.
- Individuals will be notified by email of their standings.

## **VIRTUAL COMMUNITY**

### Virtual Community Program

Arrowhead may have had to cancel Camp, but the volunteers still want to be a part of your campers summer!! We have moved to an online social program for the afternoons.

Days: Tue- Fri (Register by day), starting 7/7

Ages: 5 and up

Locations: Virtual classes through Zoom

#### Cost: \$5/day

**Times:** With the program starting with Lunch Bunch at 12:30pm the campers will have the afternoon to play games, have social interactions with volunteers and enjoy Closing Circle. (approximately 30 minute classes sprinkled throughout the afternoon)

### Volunteers

Days/Times: Flexible days/times are needed Ages: Entering Freshman year Fall of 2020 & up Locations: Virtual class through Zoom All volunteer inquiries please email Jess at camparrowheadnatick@gmail.com

### **Virtual Skyline Art**

**Days/ Times:** Saturdays @11:00am [7/11, 7/25, 8/8, 8/22], Wednesday @2:30pm [7/1]

Ages: teens and adults

Location: Online, Zoom link sent after registration

Log on to https://Register.CommunityPass.net to see ALL of our available program offerings!

Spaces are limited to start, but we encourage waitlist enrollment for all programs. More spaces may become available.

## **OTHER YOUTH PROGRAMS**

#### MINI MUSICAL THEATER (ages 5-10)

Instructor: Cindy Wright; Location: Cole Center Field, 179 Boden LN

This program is a wonderful introduction to the world of musical theater. Children will sing, dance and act to bring a familiar story to life. Classes will be spent learning songs, dances and dialogue. Children will work toward an informal performance at the end of the last class. Age appropriate roles will be assigned. (\*4 days)

Please note: Fridays will be used as rain make up day.

S#	Day	Times	Dates	Price
01	Mon-Thu	10:00 am-12:00 pm	Jul 20-23*	\$95
02	Mon-Thu	10:00 am-12:00 pm	Aug 10-13*	\$95
03	Mon-Thu	10:00 am-12:00 pm	Aug 24-27*	\$95
05	WOII-IIIu	10.00 am-12.00 pm	Aug 24-27	ررې

#### ARCHERY (ages 9-15)

**Instructor: On the Mark Archery; Location: Cole Center field** This course emphasizes safety, discipline and proper form in a fun environment that enables students to learn more than just the

fundamentals of shooting. . All equipment provided. (\*4 days).

#### Please note: Fridays will be used as rain make up day.

Age Group	Day	Times	Dates
Ages 9-15	Mon-Thu	5:00-6:15 pm	Aug 3-6*
Ages 15+	Mon-Thu	6:30-7:45pm	Aug 3-6*

Cost: \$130/session

#### PRETZEL KIDS YOGA & MINDFULNESS LOCATION: Cole Center, 179 Boden LN

Children will learn different yoga poses and flow sequences. No prior knowledge or experience with yoga is necessary. Just a willingness to learn how to become more focused, balanced and relaxed. Please note: Thursdays of each class will be used as rain make up day if needed, times

#### AGES 7-11

Tuesday, 9:30-10:30am Jul 21-Aug 25 \$100

will be announced.

#### AGES 12-17

Tue, 11:00 am-12:00 pm Jul 21-Aug 25 \$100

Log on to <u>https://Register.CommunityPass.net</u> to see ALL of our available program offerings! Spaces are limited to start, but we encourage waitlist enrollment for any program. More spaces may become available.

## SAFE KIDS, SAFE SITES, SAFE SUMMER

- Staff and participants will be required to fill out a health status form before arriving each day.
- Masks will be worn by all staff and children, except while eating. Children may remove their masks during activities when proper social distancing is allowed.
- All Children are asked to bring 2 masks from home each day, labeled on the inside with their name/initials.
- Any item touched by staff/participants including sitting/activity surfaces will be sanitized between each use.
- Children must remain in the same program group for the entire week, no program switching is allowed.

- No more than 1 person may use the restroom at a time, and we request that bathrooms be visited before arriving at site. Staff will sanitize them after each use.
- Children will wash hands or sanitize hands with liquid/Gel Alcohol based hand sanitizer between activities.
- Allergy-friendly snack/lunch and water should be self-serve and contained packaging with ice packs. Staff will not be able to assist participants with their snack/lunch and there is no fridge/microwave on sites.
- All programs, including sports programs will be non -contact designed with social distancing in mind.

## SAFE KIDS, SAFE SITES, SAFE SUMMER

### **REGISTRATION INFO:**

## To register, please visit:

### register.communitypass.net/Natick

Once you have registered in Community pass, within 48 hours you will be sent an email from CAMPDOCS. You will need to fill out supplemental information there including a nightly health status form.

#### **REGISTRATION OPENS JUNE 29 AT 12:00PM**

- Participants are limited to register for 2 classes per individual prior to July 13th.
- On July 13th, participants may register for any additional programs, per space available
- If a class is full, we encourage registering for a waiting list. If there is enough interest, we may be able to add additional sections. You may register for as many waiting list classes as you wish and does not count against your 2 classes prior to July 13.
- Limited financial aid is available. Please contact the Natick Service Council for a financial aid form. You must have a form on file with the recreation and parks department PRIOR to registering online to qualify for financial aid.

#### **CANCELLATION POLICY:**

In case of inclement weather, we will make an effort to cancel no later than 2 hours before the program. You will be notified by email (info@communitypass.net) and on our website www.natickma.gov/recreation.

Please be sure to have the correct email address on your Community Pass account at the time of registration. If we need to cancel, programs will be made up on the FRIDAY of that week.

### **BEFORE YOU ARRIVE:**

- Visit the restroom at home. We have restrooms on site if needed but they should only be used in emergencies. We ask all participants to visit the restroom before they arrive.
- Apply bug spray and sunscreen at home. Staff will not be allowed to apply once the participants arrive at site.
- You will be emailed a health questionnaire the night before you arrive at site each day. Please fill it out before the program start. Participants without the form filled out will not be allowed at site until a completed form is done.

#### **REFUND POLICY:**

In the event of one weather cancellation, the rain date will be made up on Friday. Additional rain dates will be refunded at a rate of 15% per day.

All other refund requests, including COVID-19 related absences, must be submitted in writing to recreation@natickma.org and may be considered on a case by case basis. Additional documentation may be requested.

If the Natick Recreation and Parks Department must cancel an entire program, a FULL refund will be issued to all participants.

## SAFE KIDS, SAFE SITES, SAFE SUMMER

#### **HEALTH POLICY:**

To participate or attend, organizers will ensure that participants and staff must show no signs or symptoms of COVID-19 for 14 days.

If any individual develops symptoms of COVID-19 during the activity, they should promptly inform organizers and must be removed from the activity and instructed to return home.

Health screen questionnaires will be required from each participant to attend.

#### WHAT TO BRING:

- Water Bottle (Water will not be available on site so please bring enough for the entire duration of class)
- Snack/lunch with ice pack that participants can open and serve themselves
- Face Masks (Cleaned before each class)
- Sneakers Sandals, flip-flops and Crocs are not considered acceptable footwear for programs.
- Medications (epi-pens, inhalers, etc.)

#### **DROP-OFF:**

Please remain in your car until the site director checks you in. All parents/guardians, staff, and participants must be masked for check-in.

The Site Director will approach your car, confirm the participants name and the completed health screening form.

**PICK-UP:** is also a rolling pick-up. Remain in your car and await instruction from the site director.

Late pickups will cost \$1/minute after the end of the program.

**PLEASE NOTE:** additional site-specific drop-off and pick-up information will be provided before the start of each program.

## **MORE PROGRAMS TO COME!**

#### **Memorial Beach:**

Discussions on opening the beach are currently underway. There is no date or timeline at this point.

#### **Classes:**

Follow us on Facebook for more information on additional classes and programs we look to offer in August.

#### **Concerts/Movies:**

There are no Concerts or Movies scheduled for July at this time, We are looking into the possibility of Hosting Concerts and Movies on the Common starting in August.

#### Log on to <u>https://Register.CommunityPass.net</u> to see ALL of our available program offerings! For more information, contact us:

Website https://www.natickma.gov/Recreation-Parks Phone: 508-647-6530