

Fwd: Senate Pres Spilka's Senior Fair returns!

James Errickson <jerrickson@natickma.org> To: Joan McNamara <jmcnamara@natickma.org> Fri, Sep 23, 2022 at 9:35 AM

------ Forwarded message ------From: Nicholl, Susan (SEN) <Susan.Nicholl@masenate.gov> Date: Thu, Sep 22, 2022 at 3:49 PM Subject: Senate Pres Spilka's Senior Fair returns!

We are pleased to tell you that Senator Spilka's annual senior fair returns on October 22, in person, at Keefe Technical School in Framingham, and we invite you to stop by to chat with residents and enjoy any of the event offerings.

As in years past, this free, regional event (which has been renamed the "55+ Fair") runs 9am-1pm. During the period 9-11:30am, the 220 participants attend workshops and visit 70 exhibitor tables lining the hallways, and join in such activities as exercise and art and music therapy. At 11:30 they gather for lunch, prize drawings, and a short program. If you are available at that time, please feel free to join us for lunch and I will certainly introduce you at the podium.

Because this event is of interest to so many of your residents, we have sent this information to your senior centers. If your office has any online vehicle (social media, town newsletter or blog) and would like to include a blurb, that would be great. I can supply wording, or you can simply point folks to karenspilka.com/fair. On that webpage, people will find more info (we are adding content to the page constantly), a registration link for attendees, and a registration link for businesses, services, or other entities that would like a free 10-foot exhibitor space.

Just let me know if you have any questions or suggestions. Thanks so much.

Susan

Susan Nicholl

District & Special Projects Director

Office of Senate President Karen E. Spilka

Second Middlesex & Norfolk District

--James Errickson Town Administrator Town of Natick 508-647-6404

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Senate President Spilka's 55+ Fair: Health and Wellness for Active Agers and Those Who Love Them